National Trails of America: Your Ultimate Guide to the Country's Most Iconic Hikes

Are you ready to embark on an unforgettable hiking adventure that will take you through some of the most breathtaking and diverse landscapes America has to offer? Our comprehensive guide, National Trails of America, is your essential companion for planning and executing an epic trek along the country's most iconic trails.

Inside this meticulously crafted guide, you'll find everything you need to know about:



National Trails of America (Lonely Planet) by Bernhard Krebs

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- The 11 National Scenic Trails, including the legendary Appalachian Trail, Pacific Crest Trail, and Continental Divide Trail
- Detailed trail descriptions, including mileage, elevation gain, terrain, and difficulty level

- Expert advice on planning your trip, including gear recommendations, resupply options, and safety considerations
- Stunning photography that captures the beauty and grandeur of each trail

Whether you're a seasoned thru-hiker or a weekend warrior, National Trails of America will inspire you to lace up your boots and hit the trail. With its comprehensive coverage and expert insights, this guide will help you make the most of your hiking adventure and create memories that will last a lifetime.

The 11 National Scenic Trails

The National Trails System Act of 1968 designated 11 trails as National Scenic Trails, recognizing their exceptional natural beauty, historical significance, and recreational value. These trails traverse a wide range of ecosystems, from towering mountains to pristine forests, and offer hikers a chance to experience the true diversity of America's landscapes.

The 11 National Scenic Trails are:

- Appalachian Trail
- Pacific Crest Trail
- Continental Divide Trail
- North Country Trail
- Florida Trail
- Ice Age Trail

- Natchez Trace Trail
- Lewis and Clark Trail
- Oregon Trail
- Ponca Trail
- Great Eastern Trail

Appalachian Trail

The Appalachian Trail is the granddaddy of American hiking trails, stretching for 2,190 miles from Georgia to Maine. This iconic trail traverses 14 states and provides hikers with a challenging but rewarding experience through some of the most beautiful and diverse landscapes in the East.

From the rolling hills of Georgia to the rugged peaks of the White Mountains, the Appalachian Trail offers a wide range of terrain and scenery. Hikers will encounter dense forests, sparkling streams, and breathtaking mountain summit views. The trail also passes through several national parks, including the Great Smoky Mountains National Park and Shenandoah National Park.

Thru-hiking the Appalachian Trail is a major undertaking, but it's also an incredibly rewarding experience. With careful planning and preparation, you can make your Appalachian Trail dream a reality.

Pacific Crest Trail

The Pacific Crest Trail is another iconic American hiking trail, stretching for 2,650 miles from Mexico to Canada. This trail traverses three states—

California, Oregon, and Washington—and offers hikers a chance to experience some of the most dramatic and diverse landscapes in the West.

From the sun-drenched deserts of Southern California to the snow-capped peaks of the Sierra Nevada, the Pacific Crest Trail offers a wide range of terrain and scenery. Hikers will encounter towering forests, pristine lakes, and breathtaking mountain summit views. The trail also passes through several national parks, including Yosemite National Park and Mount Rainier National Park.

Thru-hiking the Pacific Crest Trail is a major undertaking, but it's also an incredibly rewarding experience. With careful planning and preparation, you can make your Pacific Crest Trail dream a reality.

Continental Divide Trail

The Continental Divide Trail is a 3,100-mile trail that follows the Rocky Mountains from Mexico to Canada. This trail traverses five states—New Mexico, Colorado, Wyoming, Idaho, and Montana—and offers hikers a chance to experience some of the most rugged and beautiful landscapes in the West.

From the high desert of New Mexico to the alpine tundra of Glacier National Park, the Continental Divide Trail offers a wide range of terrain and scenery. Hikers will encounter towering peaks, pristine lakes, and breathtaking mountain summit views. The trail also passes through several national parks, including Rocky Mountain National Park and Yellowstone National Park. Thru-hiking the Continental Divide Trail is a major undertaking, but it's also an incredibly rewarding experience. With careful planning and preparation, you can make your Continental Divide Trail dream a reality.

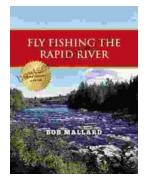
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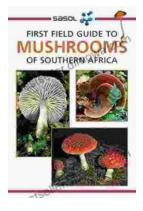
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